Enhanced Recovery in Obstetric Surgery
An Audit of Maternal Outcomes

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Then...
EROS Opportunities

- Pre-op: Client information, Reduced fasting
- Post-op: Analgesia Diet, Catheter Mobilisation
- Community: Midwife follow up, Client feedback
EROS Champions

- Pre-operative Staff
- Anaesthetists
- Obstetricians
- Surgical nurses and ODPs
- Recovery Staff
- Post-natal and Community Midwives

King's
EROS Pathways

Theatre
Recovery
Postnatal Ward
Results – 50 Women

Eating and drinking in recovery: 40
Day 0 mobilisation: 27
Re-catheterisations: 3/22
Satisfaction with analgesia: 44/45
Mean nights in hospital: 2.0 (2.9)
Day 1 discharge: 44% (6.5%)
Conclusions

Enhanced recovery principles can be applied to women having elective caesarean sections.

Feedback from clients after introducing an EROS protocol is positive.

Introducing an EROS protocol can reduce hospital stay.

Use of EROS has the potential to reduce hospital associated morbidity and increase healthcare efficiency.
Now...